

# Full of Ideas?

Do you have a dream project or an original idea? Young Volunteers can help you make your project a reality. If you are eligible, you can receive advice and an operating budget to

- gain an enriching experience that will help you become job-ready;
- improve your skills, creativity and self-reliance;
- enhance your knowledge;
- verify your professional interests;
- work with professionals.

## You are eligible if

you are between the ages of 16 and 29, not working full time and not studying full time (maximum of 7 people per project).

## Participation time

At least 20 hours per week

## Duration of assistance

Between 9 and 52 weeks

## Resources providing this assistance

Local employment centres (CLE) in partnership with non-profit organizations or private enterprises (including self-employed workers) whose activities are related to the project

## For more information

Log on to [emploiquebec.net](http://emploiquebec.net) or visit your CLE.

To find the local employment  
centre nearest you, visit [emploiquebec.net](http://emploiquebec.net)  
or call 1 888 643-4721.

*Québec is responsible for active employment measures and certain functions of the National Employment Service that are funded by Canada's Employment Insurance Account.*